

# TRUSCOTT STREET PUBLIC SCHOOL NEWSLETTER

Responsible  
Respectful  
Safe

Monday 2nd July 2018

Term 2 Week 10

## What's on at Truscott St

Wednesday 4 July

Thursday 5 July

Friday 6 July

Monday 23 July

Tuesday 24 July

Friday 27 July

Tuesday 31 July

Wednesday 1 August

Friday 3 August

Tuesday 7 August

Friday 10 August

7.00pm P&C meeting

SRC Topsy–Turvy Mufti Day

Aboriginal Performance

Assembly: Support Unit & PBL Badges presentation

PSSA Round 11

Last Day of Term 2

Term 3 Staff Development Day

Students return — Athletics Carnival at Dunbar Park

Assembly: Guitar & Percussion Groups

PSSA Round 12

English competition

7.00pm P&C meeting

Assembly: 1S

PSSA Round 13

Education Week Open Day

Assembly: Captains

PSSA Washout round

Additional dates are available on the School Website and Skoolbag Calendar and may be subject to change

Dear Parents and Carers

### End of Term

The last week of Term 2 is upon us and I would like to take this opportunity to wish our school community a safe and enjoyable break. Students are due back at school on Tuesday 24th July.

### Reports

Semester One reports are being sent home with students this week. Parent/ Teacher interviews will be held in Term 3, however If you wish to discuss any aspect of the report at an earlier time please contact the school to arrange an appointment.

### Enrolments 2019

Enrolments are now being taken for Kindergarten 2019. Children who will be turning 5 years old on or before 31st July, 2019 are eligible for enrolment. If you are intending to enrol your child at Truscott Street next year could you please contact the office for an enrolment form.

**Marion Blomfield**

**Principal**



**Year 1 students have been learning about dinosaurs with Mrs Glendinning and made some fabulous models of their own.**

# Truscott Street Achievers

Congratulations to these students who received the following awards last week.

## Truscotts

## Truscotts

## Post Homes

Katie F Year 3 Franky F Year 2

Alana T Year 5

Xandy S Year 1 Noam S Year 1

Rotem BY Year 2 Alexandra H KM

Angelina L  
Year 2

## No PSSA last Friday

Soccer & Netball games are played at Meadowbank Park.

AFL games are played at ELS Hall Oval.

Training:

Netball & Soccer Thursday 8.30am—9.00am

AFL Thursday 8.45am—9.15am

## School News

### STEM and Science

Please keep sending in any **plastic** bottle tops to the science room. All colours and sizes are required.  
Thank you for your help.

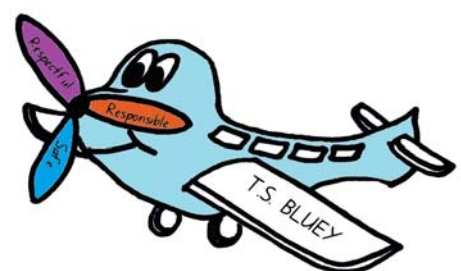
**Michelle Shannon**  
Assistant Principal

### SRC Mufti Day —Thursday this week

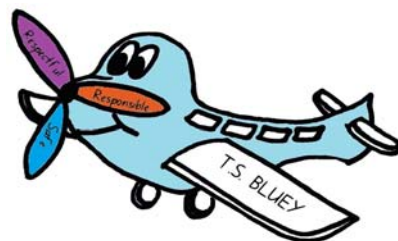
**Mufti Theme: TOPSY-TURVY DAY!** Wear your clothes in an unusual way. For example: wear odd socks with odd shoes, wear crazy colour combinations with outrageous hair and/or wear your clothes inside out. There will be a competition for the most 'topsy-turvy' outfit.

**Charity:** Please bring a gold coin donation for Stewart House.

**Miss Wotton, Miss Fedczyna and Miss Hockley**  
Student Representative Council Coordinators



Monday	Student Banking
Wednesday	Canteen open
Thursday	Canteen open
Friday	Canteen open
	Uniform Shop open 8.30am—9.15am
	11.30am school assembly



## Office News

### To be returned ASAP

Athletics Carnival July 24 (first day of next term) — 53 permission and payment \$8.00

Sausage sandwich \$3.00 and drink \$2.00 at the Carnival.

Both of these forms need to be returned to the office by **this Wednesday 4th July**.

**Pam Jurd**

**Administration Manager**

## P&C News

Please join the P&C for the July meeting on Wednesday 4 July at 7pm in the staff room. It's a great way to hear about what is happening at the school.

### Canteen News

Thank you to Jeff Gray and Jasna Pater for helping with the sausage sizzle.

Calippo iceblocks are no longer available.

Wishing everyone a safe break. The canteen will reopen on Wednesday 25 July.

**Loretta**

**Canteen Manager**

### Trivia Night

The P&C Trivia Night will be held on Saturday 25 August. Save the date and get your table organised for a social night of fun, friends and a little bit of trivia!



# TRUSCOTT STREET ATHLETICS CARNIVAL

## PROGRAM

Tuesday 24th July 2018

**Times are approximate** but events will be run in the shown order.

Parent helpers are needed for each field event. Any volunteers on the day of the carnival will be greatly appreciated.

TIME	TRACK EVENT	FIELD EVENT
10:00	Senior boys 200m Heats	K-2 tabloids
	Senior girls 200m Heats	
	11 year boys 200m Heats	Junior boys/girls shot put
	11 year girls 200m Heats	Junior boys/girls discus
	Junior boys 200m Heats	Senior boys long jump
	Junior girls 200m Heats	11 year boys high jump
11:00	5 year boys 50m Heats	
	5 year girls 50m Heats	3-6 tabloids
	6 year boys 50m Heats	
	6 year girls 50m Heats	11 year boys/girls shot put
	7 year boys 70m Heats	11 year boys/girls discus
	7 year girls 70m Heats	Senior girls long jump
	8 year boys 100m Heats	Junior girls high jump
	8 year girls 100m Heats	
11:30	9 year boys 100m Heats	Senior boys/girls shot put
	9 year girls 100m Heats	Senior boys/girls discus
	10 year boys 100M Heats	11 year boys long jump
	10 year girls 100M Heats	Junior boys high jump
	11 year boys 100M Heats	
	11 year girls 100M Heats	Junior boys long jump
	12/13 year boys 100M Heats	11 year girls high jump
	12/13 year girls 100M Heats	
12:00	<b>LUNCH</b>	11 year girls long jump
12:30	<b>FINALS</b> - 200m for Jnr, 11yr, Snr	Senior boys high jump
1:00	<b>FINALS</b> - 50/70/100M- ALL AGES	
1:30	Senior boys 800M	Junior girls long jump
	Senior girls 800M	Senior girls high jump
	11 year boys 800M	
	11 year girls 800M	
	Junior boys 800M	
	Junior girls 800M	
2:00	Relays	
	Year 6 v teachers tug-o-war	
2:30	Conclusion of carnival	

# GET ACTIVE each day

Physical activity is an important part of being healthy. Find as many ways as you can to be active every day.

## TIPS TO GET KIDS ACTIVE

Encourage babies to crawl and have at least 30 mins tummy time each day



Encourage your toddler to walk instead of using the stroller

SCHOOL



Walk, ride or scooter to school



Choose toys that encourage movement

Set daily screen time limits and choose active play instead



Encourage children to try a range of sports



Look for easy ways to be active across the day



Show your children you like being active



Outdoor play is best, or get active indoors in hot or wet weather

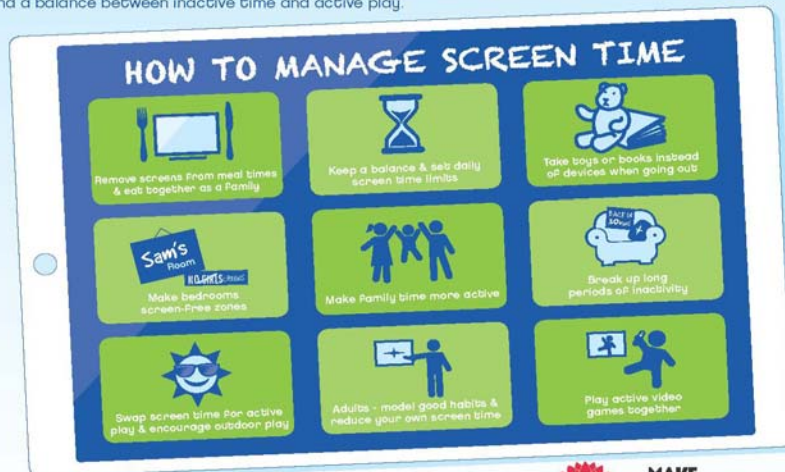


**MAKE HEALTHY NORMAL**

This resource has been developed by Western Sydney Local Health District, published October 2017

# TURN OFF SCREENS + get active!

Screens can be great for learning, recreation and communication, but too much screen time can be unhealthy. Try to find a balance between inactive time and active play.



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## HOW MUCH SCREEN TIME EVERYDAY?

0-2 years



NO screen time

Increase active play and limit sedentary activities to less than 1 hour at a time

2-5 years



Less than 1 HOUR per day

A reduction in screen time can improve sleep patterns and physical development

5-12 years



Less than 2 HOURS per day

Excluding homework time

## WHAT IS A SCREEN?



TV/DVD/BLURAY



Computer

Game Console



Tablet/Portable Games

Phone

\*\* Based on Australia's Physical Activity and Sedentary Behaviour Guidelines 2014



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# Community News


Term 3, 2018



*Learn the Foundations of Coding to Design and Build Computer Games, Apps, Websites and Other Exciting Digital Creations*

Held at Truscott Street Primary School

9 x weekly classes

From 3:30pm to 4:15pm commencing Wednesday 1 August 2018

Investment: \$198 per term (please add a \$25 annual admin fee which includes a Junior Engineers backpack, hat and USB if this is your first term)

Suitable for new and returning students

Secure your place today at [www.jnrengineers.com](http://www.jnrengineers.com)


**WE PROVIDE**

- ✓ Workshops for all ages
- ✓ Classes for beginners to advanced skills
- ✓ Exciting programs with mini challenges

**WHAT TO EXPECT**

- ✓ Experienced instructors
- ✓ 9:1 student to instructor ratios
- ✓ Fun and interactive classes

The #1 tech program teaching 1000s of students at over 60+ Australian schools since 2013




## LYNN'S LEARNING

### MATHS & ENGLISH TUITION


Kinder to year 10

- ✍ Individualised extension and remedial programs
- ✍ Problem solving and mathematical skills
- ✍ Creative writing techniques
- ✍ Scholarship preparation
- ✍ NAPLAN and ICAS preparation
- ✍ OC / Selective Entry programs



*All programs are based on the Australian Curriculum & designed in Australia by Australian teachers*

**Enrol your child for tuition today & make a lifetime of difference!**



**EASTWOOD**

St Philip's Anglican Church  
Corner Rutledge St & Shaftsbury Rd  
(opposite Eastwood Public School)  
Mondays & Tuesdays: 3.45pm - 5.45pm

**NORTH RYDE**

St John's Anglican Church  
152 Coxs Rd  
(next to North Ryde Public School)  
Thursdays: 3.30 pm - 5.30pm

**CALL NOW TO BOOK A FREE ASSESSMENT**

0419 893 862 / 0411 330 994

EASTWOOD@LYNNLEARNING.COM

WWW.LYNNLEARNING.COM.AU

## TENNIS WORLD NORTH RYDE

### HOLIDAY CAMP 4 – 14 YEARS

## JULY 2018

TENNIS - ICE SKATING  
BOWLING & LASER TAG - MOVIES  
ARCHERY - ART & CRAFT

Camp 1: Mon 2<sup>nd</sup> - 6<sup>th</sup> July (5 days)

Camp 2: Mon 9<sup>th</sup> – 13<sup>th</sup> July (5 days)

Camp 3: 16<sup>th</sup> – 20<sup>th</sup> July (5 days)

Camp 4: Mon 23<sup>rd</sup> July (1 day)

**EXCURSIONS**

Monday	Ice skating
Tuesday	Movies
Wednesday	Archery
Thursday	Bowling & Laser Tag
Everyday	Art and Craft

**Afternoon Multi Sports include:**

- ✓ Dodgeball
- ✓ Soccer
- ✓ Basketball
- ✓ Table Tennis

- ✓ Camp hours 9am – 3pm
- ✓ Before and after care available 7.30am – 6pm
- ✓ BBQ and Party on the last day!!
- ✓ Multiple week and early bird discounts available!
- ✓ **FREE BUS PICK UP!**