

# TRUSCOTT STREET PUBLIC SCHOOL NEWSLETTER

**Responsible**  
**Respectful**  
**Safe**

Monday 27th August, 2018 Term 3 Week 6

## What's on at Truscott St

Thursday 30 August

Friday 31 August

Wednesday 5 September

Friday 7 September

Tuesday 11 September

Friday 14 September

Tuesday 18 September

Thursday 19 September

Friday 21 September

SRC Farmer Mufti Day

Father's Day Stall

**9.30am** Assembly: 1G –early start time due to early PSSA

12 noon PSSA Finals - Winter Sports

Musica Viva

Support Unit Athletics Carnival

7.00pm Cyber Safety Talk & P&C meeting

Assembly 3/4G

Summer PSSA resumes

Choir rehearsal at RCC

PSSA Round 7

Assembly: 3/4B

Kindergarten excursion to Field of Mars

Support Unit Ice Skating

PSSA Round 8

Assembly: Band

Additional dates are available on the School Website and Skoolbag Calendar and may be subject to change

Dear Parents and Carers

### **Science Day**

Last Wednesday Truscott Street held our exciting Science Expo. This fantastic opportunity was made possible through the efforts of Dr Carolyn Gray and Mrs Glendinning and the generosity of some of our talented parents. I would like to thank Mr Spiers, Dr Tran-Dinh and Dr Bannister for giving up their time for the benefit of our students. Our students had the opportunity learn about micro-organisms, solar power, our solar system and examine some very interesting museum bones. Our Stage 3 students had the opportunity to work with Dr Gray's PhD students and were able to extract DNA from strawberries. It was a wonderful experience for all our students.

### **Trivia Night**

Saturday night saw our hall transformed into the venue for a Mexican Fiesta. Kristy Anderson and Selena Dowling did an amazing job organising a fun Trivia Evening for our Truscott Street community. A huge thank you to these wonderful ladies for giving up so much of their time to plan and execute this fun activity.

### **Zone Carnival**

The Zone Athletics carnival was held at Sydney Olympic Park last Tuesday. Our students did very well indeed and should be very proud of themselves. We have three students who will now go on to represent Ryde District at the Regionals. Our thanks to Mrs Sarti and Miss Fenech for all the effort they have put into the organisation of this event for the benefit of our students.

### **Cyber Safety Presentation**

A reminder that Senior Constable Deb Crystal will be giving a presentation on cyber safety on Wednesday evening 5<sup>th</sup> September at 7pm. Deb has presented to our parents before and is always both entertaining and informative. Cyber safety is often a huge concern to parents in this ever changing technological world and Deb has an impressive depth of knowledge in this area which she willingly shares. It will be held in either the library or the school hall dependent on the numbers attending.

### **Enrolments 2019**

Enrolments are now being taken for Kindergarten 2019. Children who will be turning 5 years old on or before 31st July, 2019 are eligible for enrolment. If you are intending to enrol your child at Truscott Street next year could you please contact the office for an enrolment form.

**Marion Blomfield**

**Principal**



**Our Junior Boys relay team.**

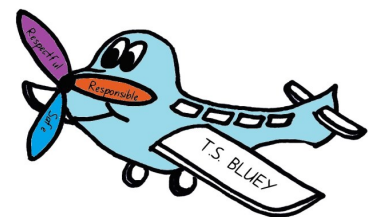
# Truscott Street Achievers

Congratulations to these students who received the following awards last week.

Truscotts		Truscotts		Truscotts		Truscotts		Post Homes	
Talia T	Year 3	Ben M	Year 1	Luka S	Year 1	Elias K	Year 1	Yasemin P	Year 1
Amy LC	Year 1	Angela S	KW	Aarya T	Year 4	Omri S	Year 4	Annabelle D	Year 2
Lara M	Year 2	Joshua K	Year 2	Itay E	Year 3	Summer P	KW		
Amelia C	Year 6	Ellie F	Year 5	Annabelle C	SUS	Annabelle D	Year 2		
Holly J	Year 2	Nikola M	Year 2	Shyamala S					
Aditi S	Year 2	Charlie S	Year 1	Year 2					

## PSSA News

No PSSA was played due to weather. Finals will be played this Friday.



## School News

### SRC Dress Like a Farmer Day

On **Thursday this week** the SRC is organising a 'Dress Like a Farmer Day' to raise money for drought relief. The SRC will be donating money to families suffering the effects of drought.

**Date:** Thursday, 30<sup>th</sup> August, 2018.

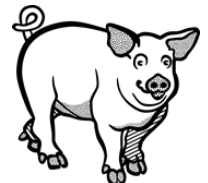
**Mufti Theme:** Dress like a farmer or farm animal.

**Activities:** There will be fun activities at lunch time run by SRC members.

**Charity:** Please bring a gold coin donation. You are at liberty to donate more if you wish.

**Miss Wotton, Miss Fedczyna and Miss Hockley**

**Student Representative Council Coordinators**



### Science Day—A Big Thank you

Many thanks to the Scientists/Parents who help run our Science Day with lots of fun activities. Dr Nai Tran–Dinh with his micro-organisms, Dr Carolyn Gray with the skeletal remains of animals, Pat Spiers for the solar cars and Keith Bannister for the telescope.

Thanks also to Carolyn with the PHD students organising the afternoon activities to conduct strawberry DNA activities with the seniors. Everyone had a great day.

The solar car kits were supplied by Kite magic in Coogee:

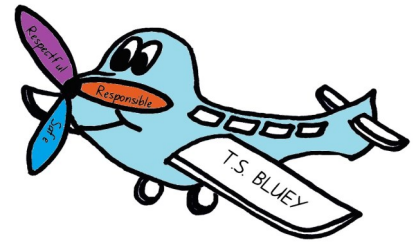
[http://www.kitesite.com.au/schools/solarcars/solarcar\\_kit.html](http://www.kitesite.com.au/schools/solarcars/solarcar_kit.html)

**Val Glendinning**

**Science Coordinator**



Monday	Student Banking
Wednesday	Canteen open
Thursday	Canteen open
Friday	Canteen open
	Uniform Shop open 8.30am—9.15am
	11.30am school assembly



## Office News

Book Club order forms will be distributed today.

Please return athletics singlets ASAP

### Notes to be returned.

- 6 Sport In Schools, Years 3&4—free
- 2 Support Unit Athletics Carnival—\$20
- 20 Field of Mars Excursion, Kindy—\$26

Pam Jurd

Administration Manager



## P&C News

### Trivia night

We held our Mexican themed Trivia Night on Saturday with 8 tables filling the hall. There was friendly yet fierce competition, colourful sombreros, corn chips, salsa and lots of laughter and fun.

Congratulations to team El Presidento Trumpo who defended their title by 1/2 point to Team Tequila Sunrise.

Thank you for everyone who came along making it such a successful evening. Planning is already underway for next year.

Kristy Anderson & Selina Dowling

I'd like to say a huge thank you to Selina Dowling and Kristy Anderson for the time and energy they invested to make Saturday's trivia night a great success. Everyone had a great time and it was nice to get the opportunity to get together just for the fun of it.

Greg Monahan

P&C President



### Uniform Shop

For the next few weeks, the uniform shop will be open for about one hour from 2:30pm on Tuesday. We've heard that not everyone can get to the uniform shop during the Friday morning opening time and we're hoping Tuesday afternoon suits. Staff will be able to assist you with options and sizes, but purchases will be done via Flexischools.

### Canteen

Class 2W volunteers for this Friday are Cindy and Masako.

Next Friday (7/9) is 2M.

Loretta & Canteen Committee



Lily, Troy and Loretta - all ready for basket collection

## TSPS Bounce Back Topics for Term 3

**K-2**

<b>Term 3</b>	Unit 4: Courage (Weeks 3–5)	Everyone has fears, even grown ups	We don't all get frightened by the same things  What is courage?  Helping yourself to feel brave	Being brave to help someone else  The courage to be yourself  Don't be foolish
	Unit 5: Looking on the bright side (Weeks 6–8)	Looking on the bright side  Being thankful and grateful	One unhappy thing doesn't have to spoil everything Things always get better – seasons and weather	Be a positive tracker  Happy memories help us bounce back  Being hopeful
	Unit 6: Emotions (Weeks 9–10)	Giving the right names to feelings Be the boss of your angry feelings: <ul style="list-style-type: none"> <li>Keeping safe: Hands are not for hitting, feet are not for kicking, words are not for hurting</li> </ul> Be the boss of your sad feelings  Be the boss of your worried or scared feelings	Everyone has pleasant and unpleasant feelings  Be the boss of your feelings: Change a bad mood into a good mood  Be the boss of your jealous feelings	Be the boss of your angry feelings: <ul style="list-style-type: none"> <li>What does anger feel like?</li> <li>Being mindful to be the boss of your angry feelings</li> <li>Check your facts - did they really mean it?</li> <li>Use good thinking to be the boss of your angry feelings</li> </ul> Empathy: How are others feeling?



## Years 3-4:

Term 3	Unit 4: Courage (Weeks 3–5)	Everyone feels frightened sometimes Everyone feels anxious sometimes The courage to be yourself How to become braver	We don't all get frightened by the same things What is courage? There are different kinds of courage Being foolish and showing off is not being brave
	Unit 5: Looking on the bright side (Weeks 6–8)	Bad times don't last Bright side versus down side thinking Being hopeful	Being a positive tracker Being thankful and grateful Making your own good luck
	Unit 6: Emotions (Weeks 9–10)	Describing and understanding feelings Boosting positive feelings You can change a bad mood into a good mood When do you feel angry? Developing empathy	Helpful thinking – check your facts Dealing with disappointment Dealing with jealousy Dealing with embarrassment Dealing with feeling lonely and being left out Dealing with sadness Dealing with worries

## Years 5 and 6

<b>Term 2/3</b>	Unit 9: Being safe (Term 2 Wk 10 Term 3 Wks 1–2)	What is bullying? Why do some people bully and why are some people targeted?	How to self-protect from being bullied How can we work together to stop bullying in our school?
<b>Term 3</b>	Unit 4: Courage (Weeks 3–5)	What is courage? People feel frightened and brave about different things Who's a hero?	The courage to do what's right Finding your own courage Brave, stupid or thrill-seeking?
	Unit 5: Looking on the bright side (Weeks 6–8)	Using bright side not gloomy thinking Being hopeful	Using positive tracking Being thankful and showing gratitude Making your own good luck
	Unit 6: Emotions (Weeks 9–10)	All feelings are necessary, even the unpleasant ones Boosting positive and enjoyable feelings You can change a bad mood into a good mood Managing anger Developing empathy	What is that feeling? Identifying mixed feelings Practising mindfulness Managing being nervous or worried and stressed Managing sadness Managing other unpleasant feelings like jealousy and disappointment