

# Truscott Times

Truscott St Public School

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Term 1 Week 3

Monday, 6th February 2017

## Principal's Report

### Parent Information Evening

Each year we hold information sessions for each class. These sessions will be held in your child's classroom on Wednesday 15th February.

I encourage all parents to attend to learn about the teaching and learning programs and activities your children will be engaged in this year. Please remember that there will not be time for individual conferencing, however, if you need to speak to the class teacher appointments can be made through the office. The timetable is as follows:

KT, KW, 1D, and 1S 5:30pm

2S and 2W 5/6J and 6G 6:00pm

3N, 3F, 4B and 4/5B 6:30pm

For those parents who cannot attend these sessions notes will be sent home outlining details covered in the meetings.

### Swimming Carnival

Congratulations to all our students who attended our swimming carnival last Wednesday. All our competitors did their very best and the support from the crowd was deafening. The behaviour of our students was exemplary and they should be congratulated. Thank you to Miss Judge for her organisation of a great carnival.

### Truscotts

Congratulations to the following students who received their Truscott Award last week.

Benjamin M. Year 3, Erin K. Year 1,  
Annaliese R. Year 5, Omri S. Year 3 and  
Lachie C. Year 3.

### Post Homes

Congratulations to the following students who earned their Post Home last week.

Tanna K. Year 3, Lachie C. Year 3 and  
Aarya T. Year 3. Well done.

### Marion Blomfield

#### Principal



Science lessons are fun at Truscott Street.

**Calendar**

<b>Monday</b>	<b>Student Banking</b>
	<b>Canteen closed</b>
<b>Tuesday</b>	<b>Canteen closed</b>
<b>Friday</b>	<b>8.30—9.15 Uniform Shop</b>
	<b>11.30 Assembly</b>

**Term 1 Weeks 3, 4 & 5**

Fri	Feb 10th	Assembly: Hse Cpts– Swim Ribbons
Wed	Feb 15th	Parent Information Evening
Fri	Feb 17th	Assembly: Captains PSSA Round 1
Fri	Feb 24th	Assembly: PBL Badge Presentation PSSA Round 2

**From The Office**

Dear Parents

Emergency Information, Internet Use Contract, Publishing on the Internet, Photo and Video Opportunities, Permission to attend Learning Opportunities, SISA Program, Fee Resources, Voluntary Library Contributions and P&C Fundraising Levy notes are being sent home this week. These can be paid through POP which can be found on the school's website at [www.truscottst-p.schools.nsw.edu.au](http://www.truscottst-p.schools.nsw.edu.au) from the 13<sup>th</sup> February or through the school's credit card facility or by cheque. Permission notes need to be filled in and returned to school as soon as possible.

**Book Club** order forms are also being sent home today and payment for this is through Scholastic Book Club Loop— **the school does not handle any money for Book Club.** If you require more information please contact the School Office.

**School Banking**— Students bring in their deposit books on Mondays. If you would like your child to start banking please go to the Commonwealth Bank website at [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) and click on the link to open a Youthsaver Account. More information can be obtained from the School Office. Thanking you.

**Pam Jurd**

**Administration Manager**

**School News****Swimming Carnival and Zone Swimming**

Congratulations to all students who swam in the school swimming carnival last Wednesday.

Ribbons will be presented to all place getters this Friday 10<sup>th</sup> February at the school assembly.

Students who have successfully made it into the zone competition, which will be held on Tuesday 7<sup>th</sup> March, will receive their note soon. If you know your child will not be able to compete on the day could you please let me know ASAP so their spot can be replaced with another competitor.

**Samantha Judge**

**Swimming Coordinator**

**P.S.S.A Years 3-6**

P.S.S.A will start Friday of next week, 17th February. If your child has been selected into a team they will receive a permission note shortly.

**The permission slip and money must be returned to the office by Wed 15th.** Coaches will send a note home this week explaining training days along with the season's draw. Students are not required to wear their sports uniform to training, only to the matches each Friday. If your child orders their lunch from the canteen on a Friday they must put P.S.S.A on their order to ensure they get their lunch before they leave.

If you would like to pick up your child from a P.S.S.A match on a Friday afternoon, you must sign them out with your child's coach. If you would like your child to be picked up by another person, your child must have a written permission note which needs to be handed into the office or to your child's coach before they leave for their match. No verbal permission over the phone will be allowed.

**Samantha Judge**

**Sports Coordinator**



## Canteen News

For all the new families joining Truscott Street this year, the canteen is open on Wednesdays, Thursdays and Fridays. Manar and her volunteers look forward to serving your children. The menu is attached to this newsletter and is available on Skoolbag and the school website.

Orders for recess and lunch can be made using Flexischools. The canteen also accepts over the counter orders for lunch and recess items requiring to be pre-ordered. A handling fee of 30c applies.

**FlexiSchools - Online Ordering and Cashless Schools** [www.flexischools.com.au](http://www.flexischools.com.au)

Flexischools is the fast and secure way to order and pay for canteen, uniforms, events, excursions, fundraisers and fees - everything in and around your school!

### 1. Creating a new account.

Go to [www.flexischools.com.au](http://www.flexischools.com.au) from your computer or mobile device. Select Register and submit your email address to create a new account. A link will be sent to your email. Click on the link provided to create your username, password and personal details.

### 2. Existing accounts - updating classes

Flexischools have now loaded all the 2017 classes. You will be prompted to nominate your child's class when you start a new online order. You can also change your child's class anytime by logging into your account and selecting the change class option (use Additional Settings on the mobile site to access this).

## Volunteers

We are always in need of volunteers to help Manar. It is a great way for you to get involved with the school and an opportunity to meet the students. If you would like to volunteer, please send an email with your preferred days and times to [truscottcanteen@hotmail.com](mailto:truscottcanteen@hotmail.com) or you can add your name to the roster located in the canteen from this Wednesday.

## Canteen Committee



**PLAY JUNIOR RUGBY LEAGUE**

Holly Toms  
Hawks U9s  
as seen on the  
Play Junior  
Rugby League  
Ads

**REGISTER ONLINE NOW**  
<https://playnrl.com/register/>  
OR visit the Hawks website

**REGISTRATION AND TRY RUGBY LEAGUE DAY**  
**SUNDAY 12TH FEBRUARY**  
10am to 2pm  
ELS Hall Park, Cocks Rd

U6s (4 to 6yrs) - **TOTALLY FREE**  
U7s to U17s - **ONLY \$85**  
Family Discounts  
\$150 2 Players - \$210 3 Players  
[registrar@northrydehawks.com.au](mailto:registrar@northrydehawks.com.au) or [info@northrydehawks.com.au](mailto:info@northrydehawks.com.au)

**IT'S A DIFFERENT LEAGUE**

Rego Includes Jersey, Shorts & Socks



**THE ACTING EXPERIENCE**

**UNLEASH THEIR INNER SPARK**

Through our drama classes your child will:

- > Build confidence
- > Develop acting skills
- > Express their creativity

Locations at:

- > **CONCORD & EPPING**

Classes for:

- > **INFANTS & PRIMARY**

**ENROL NOW FOR TERM 1**  
**NEW CLASS TIMES AVAILABLE**

**CONTACT US:**  
> 0457 574 662 > [info@actexp.com.au](mailto:info@actexp.com.au) > [actexp.com.au](http://actexp.com.au)

**TALK TO US ABOUT TRIAL LESSONS\***  
\*Conditions apply

## TONER RECYCLER

**The Breast Cancer Institute of Australia** receives \$1.00 for every recyclable toner cartridge collected by The Toner Recycler Pty Ltd. If you have empty cartridges at home and would like to give to The Toner Recycler please bring them to school and place them in the box in the foyer.



# Canteen Menu

Online ordering available at [www.flexischools.com.au](http://www.flexischools.com.au)

Handling fee of 30c applies for orders placed across the counter.

Open Wednesday, Thursday, Friday

## HOT FOOD

Penne pasta with bolognese sauce (hm)	\$4.00 G
Beef Ravioli with homemade tomato sauce (hm)	\$4.00 G
Homemade Mac n cheese (v) (hm)	\$4.00 G
Homemade Pizza (Ham n cheese or Ham n pineapple) (hm)	\$2.50 G
Veggie Fried Rice (v) (hm)	\$3.50 G
Hot Cheese Roll (v) (hm)	\$2.30 G
Cruizer Pie	\$3.70 A
Sausage Roll	\$2.70 A
Super beef burger (hm)	\$3.50 G
Super beef burger with lettuce & tomato (hm)	\$4.00 G
Chicken Burger	\$3.70 A
Chicken Burger with lettuce & tomato	\$4.00 A/G
Chicken Nuggets (3 pack)	\$2.20 A
Chicken Wedges (3 pack)	\$2.50 A
Garlic Bread (hm)	\$1.00 G
Corn Cob	\$1.00 G
Boiled Egg	\$1.00 G
Tomato sauce	\$0.30

## FROZEN TREATS

Frozen Seasonal Fruit	\$0.70 G
Quelch Sticks - 99% frozen fruit juice	\$0.50 A
Smooze (Mango, Guava)	\$1.00 G
Juicees (Blackcurrant, Tropical)	\$1.00 A
Icy Twist (Lemonade)	\$1.50 A
Raspberry Calippo Mini	\$1.50 A
Frozen Yogurt Cup (Strawberry, Mango)	\$2.00 A
Slushies (made from apple juice concentrate)	\$2.00 A

All frozen treats only available after children have eaten their lunch

## DRINKS

Water	\$1.60 G
Plain Milk (full fat)	\$1.50 A
Milk with flavoured Sipahh straw	\$1.80 A
Coconut Water	\$1.80 A
Apple Juice	\$1.80 A
LOL - 100% fizzy fruit juice	\$1.80 A
Focus Water (Blackcurrant, Lemonade)	\$1.80 A

## SANDWICHES / ROLLS / WRAPS / SALADS

### Build your own.....

Sliced bread (white or wholegrain)	
Vegemite	\$1.50 A/G
Cheese	\$2.00 A/G
Ham / Egg	\$2.50 A/G
Roast chicken / Tuna	\$3.00 A/G
Salad (carrot, lettuce, cucumber, tomato)	\$2.50 G

### Extras:

+ salad (carrot, lettuce, cucumber, tomato)	\$0.50 each
+ cheese	\$0.50
+ mayo, tomato sauce	\$0.30
Bread roll (white)	\$0.50 extra

### Wraps

1. Chicken, lettuce and mayo	\$4.00 A/G
2. Ham, cheese and lettuce	
3. Tuna, lettuce and mayo	

### Salads

1. Greek salad (with feta)	\$3.50 / \$5.00 G
2. Chicken caesar salad	\$3.50 / \$5.00 G

## SNACK ATTACK – Available at recess and lunch

Apple Slinky	\$1.00 G
Popcorn (Koala brand)	\$1.20 G
Fruit salad cup / with yoghurt	\$1.50 / \$2.00 G
Yoghurt cup with muesli	\$2.00 G
Veggie sticks (4 carrots or 3 cucumbers)	\$0.60 G
Corn Cob *	\$1.00 G
Garlic Bread *	\$1.00 G
Raisin Toast *	\$1.00 G
Mini pizza roll (v)(hm) *	\$1.00 G
Rice Crackers (gf) / with cheese	\$0.50 / \$1.50 G
Snack Pack (veggie sticks, rice crackers & cheese) *	\$2.50 G
Homemade Banana Bread (hm)	\$1.00 A
Red Rock Deli Chips - Original	\$1.20 A

Must be pre-ordered for recess \*

There is a 50c charge for slinky apples brought from home

\$6

## LUNCH SPECIALS

•Select one drink from the drinks menu

### Wednesday Pasta/Salad Day

Pasta (select from bolognese, lasagna or mac n cheese)  
Garlic Bread and Drink \*

### Thursday Sushi Day

Sushi Roll (select from teriyaki chicken, tuna, avocado or cucumber)  
Apple and Drink \*

Sushi also sold individually at \$3.00 each  
Ordered from Kyoto Emporium

### Friday Sports Pack

Cruiser Pie with Tomato Sauce, Bag of Red Rock Deli Chips and Drink \*

Our canteen promotes the Fresh Tastes NSW Health School Canteen Strategy

v – vegetarian option gf – gluten free hm – home made  
Green – healthy every day eating Amber – occasional eating (twice a week)